

Purpose of Newborn Screening

- Program to screen for congenital and heritable disorders
- These disorders may cause severe mental retardation, illness, or death if not treated early in life
- If treated, infants may live relatively normal lives
- Results in savings in medical costs over time

If Untreated, Disorders

- Can result in:
 - Growth problems
 - Developmental delays
 - Behavioral/emotional problems
 - Deafness or blindness
 - Retardation
 - Seizures
 - Coma, sometimes leading to death

NBS Screening

- Identification is a multi-step process
 - Blood specimens from infants are analyzed by the laboratory
 - If a result is abnormal, laboratory staff notifies case management staff
 - Case management provides follow-up to assist linking families with appropriate providers to
 - Confirm the test results and
 - Ensure the infant has the disorder prior to treatment
 - Ensure the infant receives appropriate treatment

Results from Lab

- Normal Screen Results
 - Results are sent to submitter when all test are final
- Abnormal results
 - Results are reported to
 Case Management as
 soon as available for
 that disorder

Abnormal Results for each disorder

- High Panic Codes
 - are reported to RN in NBS Case Management
 - RN will notify MD ASAP. If MD unavailable
 RN will notify mother
- Low Panic Codes
 - Health Tech will notify MD or facility
 - Mother notified by letter



Texas Department of State Health Services

Laboratory Services Section CLIA #4500000044 1100 West 49th Street Austin, Texas 78756-3194 avww.dahs.atate.tx.us 1-888-963-7111

CONFIDENTIAL LABORATORY REPORT

(Insert duplicate or revised report header when required)

(ensure that address and bursting /stuffing break times are in the correct

(Insert bursting stuffing break lines)

CHANDRAMA KHUMCHAROEN - ###### ST. VINCENT'S MEDICAL CENTER 10812 SPRINGHILL JUNCTION AUSTIN, TX 78756

Newborn Screening Report - ####

ensure that submitter address and Patient Name are far anough apart that the patient name will not show in the envisione address windows

Sex: Female Birth Order: x Test: Previous Abnormal

Feed: Mother's SSN:
Status: purpose to 2 lines or one long time! Mother's Address: Street

May require up to 3 lines or one long line)

City. Starte zip

May require up to 3 lines or one long line)

Mother's Phone: (xxxx) xxxx-xxxxx

Physician: JANET MCINTYRE-JOHNSON, MD

Physician Phone: (xxx) xxx-xxxx

NORMAL SCREEN

5: -	
<u>Disorder</u>	Screening Result
Amino Acidemias:	Normal
	·
Fatty Acid Oxidation Disorders:	Normal
Organic Acidemias:	Normal
	-
Galactosemia:	Normal
Biotinidase Deficiency:	Normal
Endocrine Disorders:	Normal
	_
Hemoglobinopathies:	Normal

(Global Message Text - to be editable by DSHS)

ATTENTION: The Texas Department of State Health Services has completed implementation of the expanded screening panel. This is the new mailer format.

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Abnormal Specimen

- Case Management will send:
 - Lab results for that disorder
 - ACT sheet specific to that disorder
 - FACT sheet for families
 - List of Metabolic Specialists



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Physician: JANET MCINTYRE-JOHNSON, MD

Physician Phone: (xxx) xxx-xxxx

ABNORMAL SCREEN

Disorder	Screening Result	Analyte	
Amino Acidemias:	Normal		
Fatty Acid Oxidation Disorders:	Normal		
Organic Acidemias:	Abnormal Result: See Note 1	C5DC	Elevated
		C5	Normal
		C14:1	Elevated
		All other analytes	Normal
Galactosemia:	Abnormal Result: See Note 4	GALT	Elevated
	•		
Biotinidase Deficiency:	Normal		
Endocrine Disorders:	Unsatisfactory: See Note 1	CAH – 17 OH progesterone	
	Normal	All other analytes	
	•	-	•
Hemoglobinopathies:	Normal		

Screening Result Notes:

(DSHS Abnormal Result Mailer Description from library Ex: This result is suggestive of Glutaric Acidemia Type 2. An immediate
recollection is necessary to turther evaluate this infant.

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Disorders Screened, AMNO ACIDEMAN, Agilitoreacción Acidemia (ARA, Citatinemia (CIT), Homopathina (APV), Hagila Byang Urin: Disease (MEUD), Hemphorada (PVD), Transmenta Spei (CITS) (ARTA, ACID CEDEMAN (ARCA), LongChini Appl.CoA Deletrograme (ACHA)), Intractional Profits (PVD), Carrière Ugilia Del (CLD), Carrière Ugilia Del (CLD), Carrière (ARA), Intractional Profits (ACHA), ACID CEDEMAN (ARA), LongChini Appl.CoA Deletrograme (ACHA), Intractional Profits (ACHA), ACID CEDEMAN (ARA), CARRIÈRE (ACHA), ACID CEDEMAN (ARA), ACID

For more information, please refer to http://www.dshs.state.tx.us/newborn

page 1 of 2



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 Patient's Name:
 First Last
 TxDSHS Laboratory Number:
 YYYY JJJ ####

 Mother's Name:
 First Last
 Form: Serial No.:
 YY #######

 Date of Brith:
 MM/DD/YYYY
 Date Collected:
 MM/DD/YYYY

 Medical Record:
 Date Received:
 MM/DD/YYYY

 Birth Weight:
 #### grams
 Date Reported:
 MM/DD/YYYY

 Race/Ethnicity:
 Am. Indian
 Date Revised
 MM/DD/YYYY

Sex: Female Birth Order: x Test: Previous Abrormal

Feed: Mother's SSN:

Status: putry rigule up to 2 lines or one long time) Mother's Address: Street

(Not require up to 3 lines or one long line)

City. State zip

(Not require up to 3 lines or one long line)

Mother's Phone: (xxx) xxxx-xxxxx

Physician: JANET MCINTYRE-JOHNSON, MD

Physician Phone: (xxx) xxx-xxxx

ABNORMAL SCREEN

 (DSHS Unsatisfactory Mailer Description from library Ex: The specimen received was Unsatisfactory for testing Congenital Adrenal Hyperplasia. An immediate recollection is necessary to further evaluate this infant.

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Disording Screened, AMINO ACIDIDMAN, Applications Address (APA), Obtaineds (CIT), Nanocyptinal (ACI), Nagle Byang With Disease (MOUD), Florythorate (PCD), Treatments (pp.) (TYR), FATTY ACID CODATION (1900DER), Mini-Chair Apylood, English Acylood, Acid English Acid Eng

Newborn Screening ACT Sheet [Absent/Reduced biotinidase activity] Biotinidase Deficiency

Example

Differential Diagnosis: Biotinidase deficiency; see C5-OH for non-biotinidase associated conditions. *Metabolic Description*: Biotinidase deficiency results from defective activity of the biotinidase enzyme. When identified (possibly) through elevated C5-OH, 3-hydroxyisovaleric acid and 3-methylcrotonylglycine are elevated and holocarboxylase synthase deficiency must be considered.

You Should Take the Following IMMEDIATE Actions:

- § Contact family to inform them of the newborn screening result and ascertain clinical status (poor feeding, lethargy, hypotonia).
- § See and evaluate infant.
- § Consultation/referral to a metabolic specialist to determine appropriate follow-up. (See attached list)
- § If infant cannot be seen immediately at metabolic specialist, undertake confirmatory testing in consultation with a metabolic specialist.
- § Initial testing: enzyme assay for biotinidase
- § Repeat newborn screen if second screen has not been done.
- § Emergency treatment if symptomatic.
- § Report findings to newborn screening program.

Confirmation of Diagnosis: Enzyme assay for biotinidase reveals low activity. Plasma acylcarnitine analysis may show normal or increased 3-hydroxyisovaleric acid and 3-methylcrotonylglycine. C5-OH acylcarnitine may be high but lack of an abnormal acylcarnitine profile does not rule out biotinidase deficiency.

Clinical Expectations: The neonate is usually asymptomatic but episodic hypoglycemia, lethargy, hypotonia, and mild developmental delay can occur at any time from the neonatal period through childhood. Untreated biotinidase deficiency leads to developmental delay, seizures, alopecia, and hearing deficits. Biotin treatment is available and highly effective.

Reporting: Report diagnostic result to family and NBS program.

Additional Information:

Gene Tests

OMIM http://www.ncbi.nlm.nih.gov/entrez/dispomim.cgi?id=253260

Genetics Home Reference http://ghr.nlm.nih.gov/condition=biotinidasedeficiency

Newborn Screening FACT Sheet

Medium Chain Acyl-CoA Dehydrogenase Deficiency (MCAD)

What is MCAD?

MCAD is a type of fatly acid oridation disorder. People with MCAD have problems breaking down fat into energy for the body.

What Causes MCAD?

Enzymes help start chemical reactions in the body. MCAD happens when an enzyme called "medium chain acyl-CoA dehydrogenase" is either missing or not working. This enzyme breaks down certain fais in the food we cat into energy. It also breaks down fat already stored in the body.

What Symptoms or Problems Occur with MCAD?

[Symptoms are something out of the ordinary that a parent notices.]

MCAD can cause bouts of filness called Metabolic Crises. Children with MCAD often show symptoms for the first time between 3 months and 2 years of age. Some of the first signs of a Metabolic Crisis are:

- too much sleepiness
- behavior changes (such as crying for no reason)
- irritable mood.
- poor appetite.

If a Metabolic Crisis is not treated, a child with MCAD can develop:

- breathing problems
- seizures
- mental retardation.
- e cerebral palsy
- come, sometimes leading to death

What is the Treatment for MCAD?

The following treatments are often used for children with MCAD:

 Do not go a long time without food - Babies and young children with MCAD need to eat often to avoid low blood sugar or a Metabolic Crisis. They should not go without food for more than 4 to 6 hours. Some babies need to eat even more often. It is important that babies be fed during the night. They need to be woken to eat if they do not wake up on their own. Young children with MCAD may need to have a starchy snack (such as bread, cereal, rice) before bed and another during the right. They may need another snack first thing in the moming. Your dietitian can give you ideas for good night-time snacks. Dietitians know what are the correct foods to eat. Most teens and adults with MCAD can go without food for up to 12 hours without problems when they are well. They need to continue the other treatments for life.

- Diet Sometimes a low-fat, high carb obydrate diet (such as vegetables, fruits, grains) is advised. Your distition can create a food plan with the right type and amount of fat your child needs. Ask your doctor whether or not your child needs to have any changes in his or her diet.
- Learnitine Learnitine (Carnitor) may be prescribed for some children. This is safe and natural and helps body cells make energy. It also helps the body get rid of harmful wastes.

Things to Remember

Always call your doctor when your child has any of the following:

- poor appetite
- low energy or too much sleepiness.
- verniting;
- diambea
- An infection
- a fever

People with MCAD need to eat extra starchy foods and drink more fluids during any illness – even if they don't feel hungry – or they could develop low blood sugar or a Metabolic Crisis. Children who are sick often don't want to eat. If they won't or can't eat, they may need to be treated in the hospital to prevent problems.

Estimated Expansion Statistics

- Approximately 400,000 births a year
- Approximately 800,000 specimens a year collected
- Follow-up on approximately 15,000 abnormal screens a year
- Approximately 600 diagnosed cases per year

Current Legislation & Rules

Requires newborn screening on 27 disorders

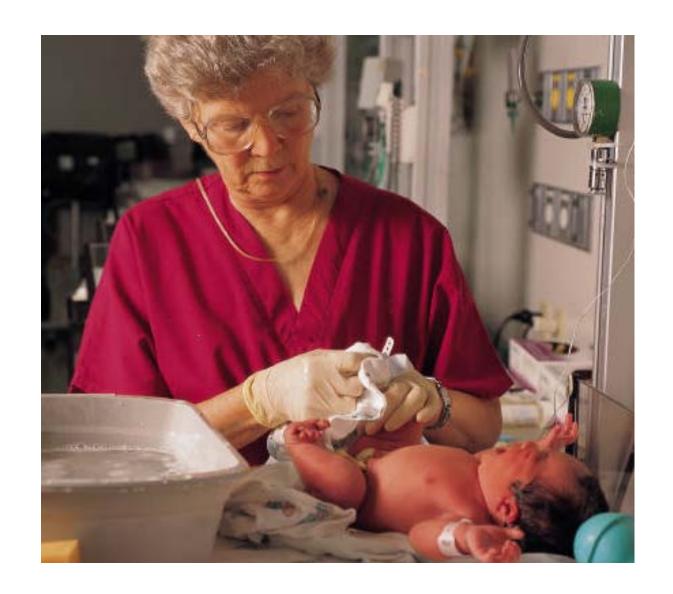
- 6 Amino acid disorders including PKU
- 5 Fatty acid oxidation disorders
- 9 Organic acid disorders
- Galactosemia-1-phosphate uridyltransferase deficiency
- Biotinidase deficiency
- 3 Sickling hemoglobinopathies, including sickle cell disease
- 2 Endocrine disorders

Texas babies are mandated to have 2 newborn screens

- The first screen at 24-48 hours or before leaving hospital, whichever is first
- The second screen at 1-2 weeks of age

NICU Babies

First screen must be taken 24-48 hours of life regardless of feeding status or weight



Tandem Mass Spectrometer (MS/MS)

- Molecules are sorted & weighed by mass
- Compounds analyzed are amino acids & acylcarnitines
 - Amino acids: building blocks for proteins
 - Acylcarnitine= Carnitine (vehicle) +fatty acid
 - Identified by size of fatty acid: short, medium, long and designated by initials & numbers



Expanded Newborn Screening

In 2005 HB790 was passed requiring expansion of the newborn screening program using the ACMG (American College of Medical Genetics) recommended panel as funds allowed

Criteria for screened disorders

- Disorder occurs with significant frequency
- Test are inexpensive and reliable
- Effective treatment/intervention exists
- If untreated, baby may die or develop severe retardation
- Affected baby may appear normal at birth

Organic Acid Metabolism Disorders

- IVA Isovaleric acidemia
- GA I Glutaric acidemia type I
- HMG 3-OH 3-CH3 glutaric aciduria
- MCD Multiple carboxylase deficiency
- MUT Methylmalonic acidemia (mutase def)
- 3MCC 3-Methylcrotonyl-CoA carboxylase deficiency
- Cbl A,B Methylmalonic acidemia
- PROP Propionic acidemia
- BKT Beta-ketothiolase deficiency

Fatty Acid Oxidation Disorders

- MCAD Medium-chain acyl-CoA dehydrogenase deficiency
- VLCAD Very long-chain acyl-CoA dehydrogenase deficiency
- LCHAD Long-chain L-3-OH acyl-CoA dehydrogenase deficiency
- TFP Trifunctional protein deficiency
- CUD Carnitine uptake defect

Amino Acid Metabolism Disorders

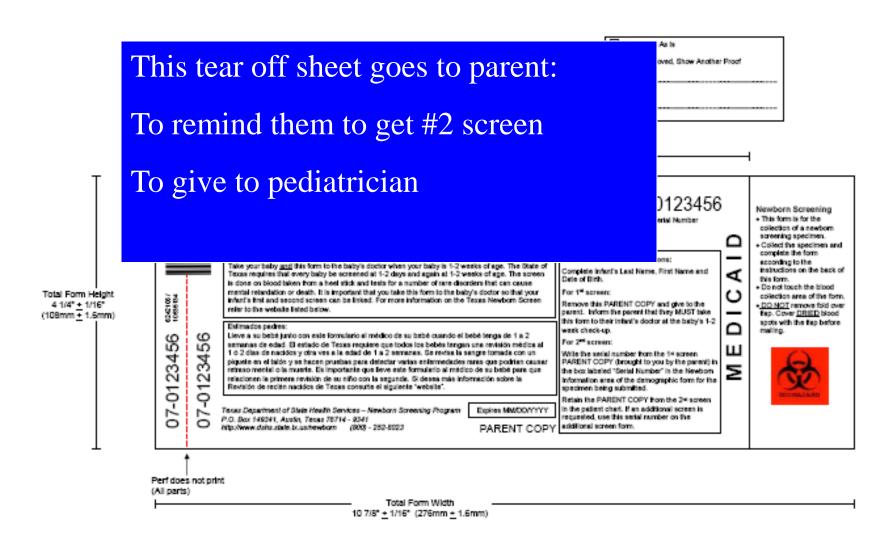
- PKU Phenylketonuria
- MSUD Maple syrup urine disease
- HCY Homocystinuria
- CIT Citrullinemia
- ASA Argininosuccinic acidemia
- TYR I Tyrosinemia type I

Hemoglobinopathies

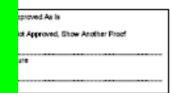
- SCA Sickle cell anemia
- Hb S/Th Hb S/ Beta-thalassemia
- Hb S/C Hb S/C disease

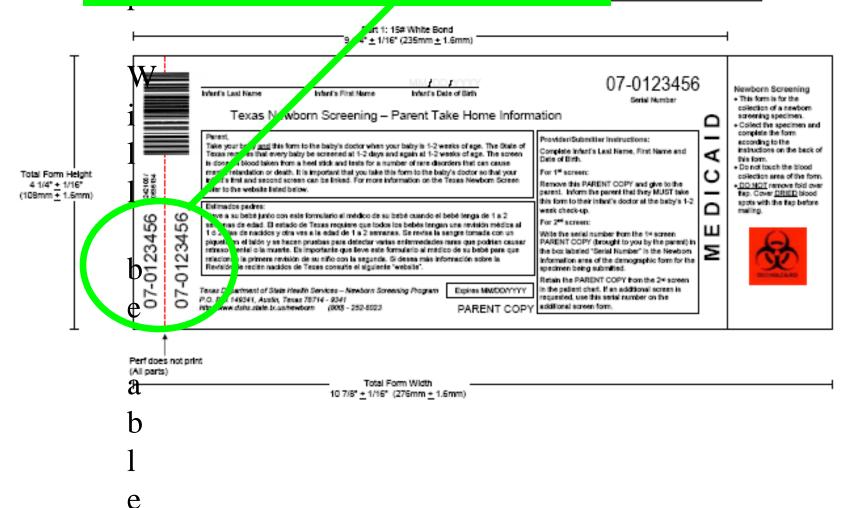
Others

- HYPOTH Congenital hypothyroidism
- BIOT Biotinidase deficiency
- CAH Congenital adrenal hyperplasia
- GALT Galactosemia
- HEAR Hearing deficiency



Doctor will be able to call into Lab's Voice Response System to access results of 1st screen.





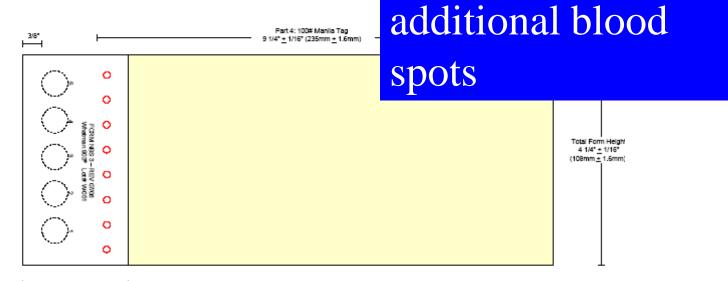
(in military time): Texas • Time of birth Medicald Form (NBS 3) Ver. 9 - 7-28-06 - BD-GG • Time of collection Part 3 Part 3: 15# Canary PCF 9 1/4" ± 1/16" (235mm ± 1.6mm) Newborn Screening MEDICAID
TOOKS DEPOSITIONS OF STATE HEAT THE SEPTICION LABOUR STATE STATE HEAT THE SEPTICION HEAD STATE STATE HEAT THE SEPTICION HEAD STATE STAT Please read the instructions on the back of this form before earling. USB BLACK link. PRINT BPORMATION COMPLETELY, ACCUPATION, BURGISH TIM BLOCK CAPITAL LITTERS. NEWBORN INFOR Total Form Height 108mm + 1.6mm (4 1/4" + 1/16") 1. Strick Tremeture 2.24Test . On well order 3. Previous Abnormal Enter Texas s. fourstweet DBHS Laboratory No. 4. Ruth 1 lb 2 5. Rugs 1 5. 3 07-0123456 Affix Malling Label or Port Fotors Address Submitter Copy

New forms will ask for

1.05*

Texas Medicald Form (NBS 3) Ver. 9 – 7-28-06 – BD-GG

Back of parts 4 & 5



New Screen will

not require

Part 5: Whatman 903 2 1/8 ± 1/16* (54mm ± 1.5mm)

Texas Medicald Form (NBS 3) Ver. 9 – 7-28-06 – BD-GG

Back of Form: Part 6

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DO NOT back or mail well speciment. IEXAS NEWBORN SCREENING INSTRUCTIONS
Abut specimen is required for all newborns at 2-4-6 hours of age, or just
prior to discharge. A second specimen is alto required at 1-2 weeks of age. О Newborn Screening This form is for the collection of a newborn Q screening specimen.

- Collect the specimen and complete the form according to the instructions on the back of this form. Q Do not touch the blood collection area of the form. moisture, or direct sunlight dicts as indicated for yea, feed, and ethnicity cate infant's Status' and Test. for a previous abnormal, enter Texas DSHS DO NOT remove fold over 'yel low' copy of the de flap. Cover <u>DRIED</u> blood spots with the flap before mailing. Unac ceptable Caked, cidled, or by insufficient multiple Acceptable Circle Siled and completely ng. Send within 24 hours of from baby's thisceon TRARBUT b) on demographic information is O О Ó o

Part 6: 28# White Ledger 12 1/2* ± 1/16* (317.5mm ± 1.6mm)

Total Form Height 4 1/4" ± 1/16" 108mm ± 1.5mm





- Avoid Contaminants
- Do not touch filter paper
 - EDTA
 - Do not use purple capped tubes
 - Be careful of hand lotion
- Dry flat 3-4 hours
- Do not put in plastic bag

- Mail specimen within 24 hours
 - Do Not Batch
 - Eliminate unnecessary Stops
 - If someone is on vacation- assign to someone else

- Date of Collection
 - Specimen cannot be processed without date of collection
- Date of Birth
 - New forms will also ask for time of birth
- Other Demographic are Important

Get mother's name, address

Get a good phone # for someone to call if abnormal Get MD's name if possible

- Get a good Blood Spot!
 - Must soak through to other side of filter paper
 - Do not scratch or abrade paper

